

*m*Powered  
**LIFE**  
Girls Network™



**LB:** First of all let us say that we are honored to be able to do an interview with you. After reviewing your website and reading all about the great things that you and your staff are doing with Foster Children, we think it is such a blessing to be able to give back and support such an awesome program!

**GS:** For our online community that might not be aware of "The Rowell Foster Children Positive Plan", can you please tell us what inspired you to start the program, what it consist of and how much of a success it has become?

**VR:** My inspirations were the Women who raised me, being in foster care for 18 years and the mentoring I received after emancipation. The hallmark of The Rowell Foster Children's Positive Plan is to provide structure, support, and encouragement for foster children participating in enrichment programs such as performing arts and athletics. I believe that exposing them to these various disciplines at an early age acquire life skills that will be instrumental in their personal growth and development. RFCPP is 16 years old and where RFCPP started with classical ballet it now includes college tuition stipends.

**GS:** What is your ultimate goal with the Victoria Rowell Educational Fund Program?

**VR:** The Foster children are fabulous and deserve to go to college and be contenders in a very competitive corporate world.

**GS:** The Arts along with other extra-curricular activities seems to play a major role in your program; can you elaborate on how the creativity of the Arts helps bring out the Gifts in the foster children that are a part of your program?

**VR:** Art always keeps a person honest and in the process of self-expression the children are able to exercise there deepest, darkest and they're biggest brightest.

**GS:** Can you tell us a little about your life as a Foster Child and how you were introduced and influenced by the Arts?

**VR:** When I was eight years old, my foster mother, Agatha Armstead, enrolled me in a classical ballet school where my interest and passion in the arts was nurtured. I received a full scholarship to the Cambridge School of Ballet in Massachusetts, where I became a member of the American Ballet Theatre family. I also participated in an exchange program with the Julliard School of Music Dance Program. Perfecting a pirouette taught me that I could fit in and get along in the world by merit. It has been a guiding force in my life and has shaped what we do at the Rowell Foster Children's Positive Plan (RFCPP).

**GS:** Does your program offer volunteer opportunities? If so can you tell our readers how they may assist in helping your foundation?

**VR:** Yes, RFCPP has a thanksgiving food drive, we have a toy drive we have our annual fundraiser etc?

Volunteers have a strong role with RFCPP. If anyone is interested in volunteering or if anyone would like to make a donation to the foundation please feel free to email your information to [rfcpp@aol.com](mailto:rfcpp@aol.com)

**GS:** You are a successful actor, humanitarian, mother, speaker, & more! What role has your faith played in your success?

**VR:** Prayer is part of my daily diet; it is a anchor I cannot do without.

**GS:** An overcoming obstacle has been the key to success for many people. If you can share, what obstacles have you overcome and how did you overcome them?

**VR:** Overcoming obstacles are every Foster youth's journey. I overcame my obstacles with support of Mentors, stealth discipline and HOPE.

**GS:** You have a daughter and like most mothers I am sure you want the best for your daughter. What advice can you share with us that will empower a young girl to succeed in life no matter what?

**VR:** Never settle for less than your own brilliance, and if you are not sure be still, until you recognize it.

On behalf of God's Star International Ministries, Inc. we would like to take time to thank Victoria Rowell for doing this interview with us. To learn more about Victoria Rowell and the Rowell Foster Children Foundation, please visit her website at [www.rowellfosterchildren.org](http://www.rowellfosterchildren.org). Please be sure to drop her an email letting her know how this interview blessed you.

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